

Partners



Content Examples

- [2025's trending beauty treatments](#) | **Lead Story** - Synergy Face + Body by Travis Shaw, MD
- [Breaking down 2025 beauty trends with this local expert](#) | **Lead Story** - Pelo Beauty Collective
- [Give the gift of Glacial glow](#) | **Article** - Woodhouse Spa
- [Find spring beauty inspo at this "Before and After" Open House](#) | **Article** - Forsyth Plastic Surgery
- [Treat yourself to a free day of self-care](#) | **Mini Article** - Turkle & Associates
- [Botox, Dysport, or Xeomin? Here's how to choose](#) | **Mini Article** - Synergy Face + Body by Travis Shaw, MD

Wellness

Ask an expert: What is collagen banking?

Presented by Synergy Face + Body by Travis Shaw MD



Pro tip: Pair one or more collagen-restoring treatments for peak production. | Photos provided by Synergy Face + Body

Collagen loss starts sooner than you might think.

By your late twenties, it's [already declining around 1% per year](#). By 45, your skin may have lost up to 25% of its natural plumpness.

Restoring collagen is an effective option, but a growing aesthetic trend focuses on early replenishment — known as “collagen banking.”

The idea? Use [collagen-stimulating treatments to proactively boost production](#) now so your body has more later.

Here are the three most popular ways to increase that supply, according to [RICs' own Synergy Face + Body by Travis Shaw MD](#):

Sculptra and biostimulators

Sculptra is a dermal filler that uses polylactic acid (PLLA) to stimulate the body's natural collagen production. This process works gradually over time, leading to long-lasting, natural-looking results.

RF Microneedling

This non-invasive treatment uses radiofrequency...



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News Notes

Wellness

- [Ready to be blown away?](#) The [before and after photos from this recent glow-up](#) at Synergy look like something out of a movie — and believe it or not, the stunning transformation only took three treatments.*

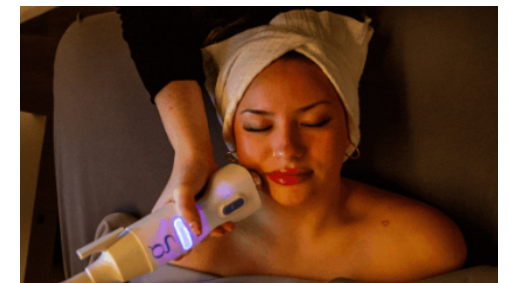
Featured Deal

- Charleston Medical Spa's [August Specials](#) are here. From Hydrafacials to lip filler and tox treatments, these specials are perfect for stepping into fall looking and feeling your best. [Snag the deal.](#)*

Holiday

Give mom the gift of Glacial glow

Presented by Woodhouse Spa



Watch mom's stress melt away. | Photos by Woodhouse Spa

