

Partners



Content Examples

- [Prisma Health On Call: Answers to your orthopedic + sports medicine questions](#) | Prisma Health, Lead Story
- [Doctors' Orders: Eating healthy at Terra](#) | Lexington Medical Center, Article
- [Texas Health recognized for top-notch cardiovascular care](#) | Texas Health Resources, Mini Article
- [Wellness Wednesday: A free, virtual, monthly offering from MUSC Health](#) | MUSC Health, Experience

Testimonial

"We have been a partner with 6AM City since the beginning. It has proven to be one of our most effective marketing tactics to reach our target audience. I consider it to be one of the best decisions we made."

Sally Foister | Executive Director, Marketing Insights and Strategy, Prisma Health

Health

Prisma Health On Call: Answers to your fertility questions



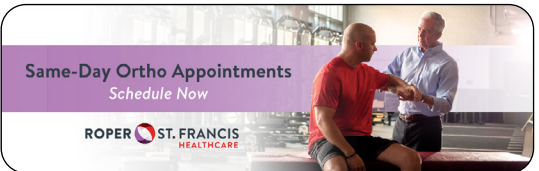
This month, we're connecting readers to the specialists at Prisma Health's Fertility Center of the Carolinas. | Photo Provided

Welcome to the third installment of Prisma Health On Call, our Q+A series that connects you, our readers, to the pros at Prisma Health.

This Month, we teamed up with the fertility specialists at Prisma Health's [Fertility Center of the Carolinas](#), a collective of medical professionals passionate about helping patients build their families.

See the full Q+A below. Thank you to Paul B. Miller, MD; Johanna Von Hofe, MD; Creighton E. Likes, III, MD; Chelsea B. Fox, MD; and Lisa J. Green, MD, for their knowledge + expertise.

Note: If you are dealing with infertility, please



News Notes

Health

- At this time of year, you might be thinking about clean eating — *but have you heard of clean sleeping?* Habits formed in the day (think: food consumption, screentime, nightly routines + more) impact sleep quality at night. Not getting enough? Here are [four tips](#) to "clean up" your sleep habits.*

Stat

- 80% of heart disease is preventable. Yes, *you read that right.* Prisma Health cardiologist Meghan Businaro, DO, dives into the stat — and shares the [eight things you can do to prevent heart disease](#).*

